

## Clinical Expertise with the Personal Touch

The Department of Physical Medicine and Rehabilitation at Underwood-Memorial Hospital delivers the highest quality services in our new, state-of-the-art facility on the hospital campus. Outpatient services are as individualized as our clients, with a focus on communication, education and the clinical expertise you expect. Our goal is to help patients improve their ability to return to their regular activities and improve their quality of life.

The rehabilitation staff has provided decades of quality and dedicated service to thousands of your friends and neighbors throughout our community. Now in our new, expanded and easily accessible facility, you'll find we continue to offer service that combines the professionalism you expect with the levels of kindness and compassion you or a loved one deserves. With accreditation from the Joint Commission and the New Jersey Department of Health, our highly trained staff specializes in complex and multidisciplinary cases in the following areas:

**Physical therapy:** restoring maximum physical function and enabling the individual to return to an active life as quickly as possible.

**Occupational therapy:** maximizing independence and safety in daily living in the areas of self-care, leisure and work activities.

**Speech therapy:** improving swallowing, communication and cognitive abilities to build patient confidence and independence.

"They treated me as a person, not just a number."



"The therapists are excellent and caring. They do all they can to help their patients' recovery."

## Individualized Care from Pediatrics to Geriatrics

Our patients (often referred to as our clients) are homemakers, students, workers, retirees, children and sports enthusiasts whose needs are as varied as their lifestyles. All receive one-to-one care from our highly qualified staff that help clients learn new skills, restore function and maximize independence. Our staff of licensed physical, occupational, and speech therapists designs unique programs to promote or enhance recovery, health and wellness that fit each client's needs. We draw on the expertise of each care professional, as needed, to assure that patient needs are met and that questions are answered.

## Comprehensive Range of Care Focused on Your Needs

We provide a broad level of therapy and rehabilitation to patients following injury or illness and our specialties in the areas of physical, occupational and speech therapy include:

- Orthopedic and sports injuries
- Total joint rehabilitation
- Post-orthopedic surgery programs
- Back and spine disorders
- Arthritis
- Work and auto injuries
- Wound care management
- Balance and gait training to increase mobility and reduce the risk of falls
- Prosthetic training
- Women's health initiatives, such as urinary incontinence, osteoporosis and lymphedema related to breast cancer surgery
- Prenatal/Postnatal programs
- Carpal tunnel syndrome
- Hand, wrist, elbow and shoulder rehabilitation
- Activities of daily living (ADL) training, including feeding, dressing, bathing and grooming
- Cognitive and memory assistance
- Speech disorders
- Swallowing therapies, including VitalStim® and diagnostic testing such as videofluoroscopic swallowing studies
- Post-stroke rehabilitation
- Creative therapeutic play to keep children interested in pediatric therapy programs

"They answered all my questions in terms I could understand."

## Excellent Continuity of Care

Because our program is Underwood-Memorial Hospital centered, we provide excellent continuity of care from the inpatient to the outpatient setting. We maintain consistent communication with your physician or other healthcare providers through verbal or written reports, meeting patient needs throughout the course of their rehabilitation. And our expanded and enhanced facility means patients can easily arrange appointments to suit their busy schedules.

To learn how you or someone you know can benefit from an unmatched level of expertise and quality performance please contact us at 856-853-2081. Our staff will be pleased to assist you in matters regarding insurance coverage and referrals.

"I was impressed with the kindness and concern of the therapists."



### THE DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

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Underwood-Memorial Hospital is accredited with Full Standards Compliance by the Joint Commission.

DISCOVER  
Discover  
PHYSICAL MEDICINE  
& REHABILITATION  
OUTPATIENT SERVICES

